

Clare's Wild Atlantic Way - Loop Head and the Burren & Cliffs of Moher Geopark

Sample 5 day Itinerary Experience and explore the heritage, culture and landscape of Clare's Wild Atlantic Way.



Day 1: Loop Head Peninsula

- Arrive on Loop Head Peninsula and join Laura from Long Way Round Walking Co for a guided walk around Kilcredaun, hearing tales of folklore and local history.
- Enjoy the scenic drive into Carrigaholt visiting the old ruined castle along the way.
- Stop off for a bite to eat at the award-winning gastro pub – the Long Dock for some great local grub.
- Spend the afternoon out at sea with Dolphin Watch – there are about 200 dolphins living in the EU Special Area of Conservation, so you are sure to spot at least a few frolicking in the mouth of the Shannon.
- Check in to the Old School B&B in Cross village, a beautifully renovated and restored National School dating back to 1893.
- Grab a local cab and finish your day with dinner back at The Long Dock in Carrigaholt – great atmosphere, signature dishes and enjoy a pint or two before heading back to Cross to your B&B for the night.

Day 2: Loop Head Peninsula

- Explore the seaside town of Kilkee on two wheels with a local guide from Bog Road Bike Tours who will tell you all the Victorian history of the town and then take you out the coast road with its stunning cliffs, panoramic views and wild history.
- Stop in at the Strand Bistro and sit in the window overlooking the rolling waves, with a lovely bowl of seafood chowder and fresh brown bread.
- For the more adventurous visitor, let Nevsail Water Sports take you on an unforgettable kayaking tour of the stunning horseshoe Kilkee Bay exploring all the hidden nooks and crannies.
- Check into the award winning, family-run Stella Maria Hotel, where you will be in the centre of Kilkee and the hub of the action.
- Before you head out for dinner why not head to the Kilkee Thalassotherapy Centre where you can chill out in a seaweed bath in one of their 100 year old seaweed bath tubs or one of their many other relaxing alternatives.
- Enjoy a sumptuous meal at the award winning Murphy Blacks Restaurant – where you can taste the freshest fish in town and sample some great wines.
- Round out your day with a visit to the Greyhound Bar, one of the best kept secrets in the west of Ireland.

Day 3: Burren & Cliffs of Moher Geopark

- Start the day with the famous Kilkee Cliff Walk and then head north following the Wild Atlantic Way signs to the Burren & Cliffs of Moher Geopark, via Lahinch village and its beautiful sandy beach.
- Stop in to Lahinch Adventures if you fancy a surf lesson before heading further north to the world famous Cliffs of Moher to explore the Visitor's Centre and get a guided tour of the Cliffs.
- Travel further on and to the edge of the Burren; take your lunch at the Roadside Tavern in Lisdoonvarna where their microbrew and local salmon is always on the menu. Right next door is the Burren Smokehouse, well worth a visit, home to some of the world's best known smoked salmon.
- Delve into the underground with a guided tour at Doolin Cave, home to the magnificent 23 foot long Great Stalactite before strolling through their farmland nature trail.
- Check in to your accommodation; Hotel Doolin, in Doolin village and enjoy a relaxing pint, dinner and some traditional music in their popular Fitz's Pub.
- If you still have any energy left, head out to see what's happening in any of the other bars in town.

Day 4: Burren & Cliffs of Moher Geopark

- Visit the village of Kilfenora and take a wander among the high crosses before visiting the Burren Centre in the village, where plenty of information and history can be found on the region.
- Next, on to the spectacularly well preserved Caherconnell Ring Fort, explore the fort and watch the sheep dog demonstration.
- Spend the afternoon on a guided walk in the Burren National Park, exploring the magnificent Mullaghmore, the nearly 600ft high limestone hill in the Burren and get information about the botany, geology and farming in the area with Marie McGauran - Burren Experience Guided Walks.
- Enjoy an early dinner at Linnane's Seafood Restaurant on the shores of the Atlantic; fresh innovative seafood dishes are on the menu in this award-winning restaurant.
- End the day with the setting sun at the Poul nabrone Dolmen, a magnificent megalithic tomb in the heart of the Burren's karst landscape.
- Check into the stunning Gregan's Castle Hotel, at the foot of the Corkscrew Hill and enjoy a late evening tippie overlooking the Bay.

Day 5: Burren & Cliffs of Moher Geopark

- Take a morning kayak paddle in Ballyvaughan Bay with North Clare Sea Kayaking, friendly seals, crystal clear water and flocks of sea birds await you.
- Lunch can be had at the Burren Perfumery in their spectacular rose covered Cafe. After lunch, see how natural ingredients found in the hedgerows and fields of the Burren can make beautiful smelling perfumes.
- After lunch, it's time to head home....to plan your next trip to Clare's Wild Atlantic Way!