

Taste it! ...non't just visit the Burren...



Trail BNBBEN



The fertile valleys of the Burren have long been known for their quality food produce, particularly for the production of beef and lamb thanks to a unique and ancient system of farming. In recent years, this food tradition has expanded through the emergence of many award-winning chef-led restaurants and high quality artisan food producers, as well as an increase in practising market gardeners and growers.

We invite you to join us and get involved in our Burren Food Story. We are passionate about our food, growing and producing it locally for you to enjoy. The Burren Food Trail is more than a listing of quality food establishments in the area — it aims to uncover for you the path that your food takes from field to plate. You can decide for yourself how to follow the trail stop at every point or else dip in and out along the way, according to your taste, interest and location.

The members of the Burren Food Trail are bound by their commitment to building a sustainable future for the region. Each of the featured restaurants offers a Burren Food Trail Signature Dish to savour. Each member has achieved recognised quality awards and standards, and has also signed up to the Burren Food Trail Customer Promise: you will find staff who are knowledgeable about the regional food story, menus which state the source of local produce, information on local food events and markets as well as a commitment to maximise the use of local ingredients in all prepared food.

THE BURREN FOOD TRAIL is a joint initiative of the Burren & Cliffs of Moher Geopark and the Burren Ecotourism Network. Both organisations are committed to the promotion of responsible tourism that conserves the environment and improves the well being of local people. They work together to promote The Burren & Cliffs of Moher Geopark as a leading sustainable visitor destination, celebrated for high standards in visitor experience, conservation and learning.





Cheese, seaweed salad

garnish and homemade

Burren Nature Sanctuary & Café served with Burren Gold Tel: 00353 (0) 91 637444

www.bns.ie Where: Cloonalee, Kinvara, Co. Galway.

tomato relish. When: 10-6 daily. Getting there: GPS CO-ORDINATES: N53.1292128 W8.93008232

THE STATE OF THE S



Mobile: 00353 (0) 65 707 7036 www.aillweecave.ie

every day at our Farm Shop. Where: The Farm Shop, Aillwee Cave & Birds of Prey Centre,

Trading seafood since 1962,

Gerry arrived in 1987 and

Ciara grew up eating the

seafood. Now, as a family

business, Gerry and Ciara

work together sending Flaggy

Shore Oysters around Ireland,

Europe, Middle East and Asia.

They now also offer Oyster

workshops where they will

teach you how oysters grow,

what's involved in getting

When: Monday – Sunday 10am – 6pm. Getting there: GPS CO-ORDINATES: N.53.091838 W.9.150317

Hylands Burren Hotel is a lona established hotel in the village of Ballyvaughan and is locally owned and managed by the Quinn family. They are passionately committed to serving good quality food using the very best local produce and delighting our customers with excellent customer service. Their menu is focused and changes with the seasons as, they are open all year. A warm welcome Hyland's Burren Hotel of wood burning fires mixed with the tranquillity



with our meats, if you

on your journey back.

CHEESE PRESS

would like to bring some

local delicatessen with you

Tel: 00353 (0) 65-7077037 www.hylandsburren.com

greet you upon arrival. Where: Main Street, Ballyvaughan When: Open all year. Getting there: N.53.1155333, W.-9.14942399999967

Gleninagh Lamb from farm to fork. We pride ourselves on high quality lamb. All our lambs are grass fed in the heart of the Burren and are free to roam from field to field. The type of sheep we farm are Texel and Suffolk, both known for their excellent carcass quality and high lean meat content. The lambing season starts in March and lasts for about four weeks. Our goal is to have

our Gleninagh Lamb ready for

market from August on.



Gleninagh Lamb

Mobile: 00353 (0) 86 812 8129 00353 (0) 86 101 2289 e: farmdirect@ymail.com

Where: Gleninagh, Ballyvaughan, Co. Clare. When: By appointment from April onwards.



Kinvara Farmers Market

When: Every Friday, April — November, from 10.00am to 2.00pm.

Nobile: 00353 (0) 87 9495 769

paintings and woolen Where: Main Street in the heart of Kinvara.

eam at St Tola make award

St. Tola Goat Farm

Tel: 00353 (0) 65 683 6633 www.st-tola.ie

Sustenance for the body and

soul. Luxury and gourmet

retreat Gregans Castle Hotel

has received many awards

for its food, including 3

rosettes from the AA for

'culinary mastery and

Award 2017.

Gregans Castle Hotel

When: 6.00pm to 9.00pm Tuesday, Wednesday, Friday, Saturday, Sunday

Getting there: GPS CO-ORDINATES: N.53.076986, W.-9.186287

el: 00353 (0) 65 707 7005

www.gregans.ie

Where: Ballyvaughan, Co. Clare

excellence', and the RAI Best

Hotel Restaurant in Ireland

Delight in the signature

dish of new Head Chef

Robbie McCauley 'Roasted

Loin of Kilshanny Lamb,

Madeira Jus' This dish

takes two fantastic

ingredients from the

Burren (the Lamb and

the Garlic) and pairs

them with Madeira

Wild Garlic, Turnip,

Where: Maurice's Mills Ennistymon, Co. Clare. When: Open all year round. Pre-booking is essential for visits.

Getting there: GPS CO-ORDINATES: N52.903140300 , W-9.178353600

winning and critically acclaimed artisan goats cheeses. The selection ranges from young fresh Crottin through to beautiful ash covered Logs. All St Tola cheese is handmade and matured to suit customers' individual requirements. Visitors will get to see our beautiful farm, our lovely animals and learn about sustainable farming practices. Tours include a history and a simple demonstration of our range of cheeses, as well as a full tasting of our cheeses.

Siobhan Ni Ghairbhith and her

Pepper, Cumin and Piri Piri,

Burren Gold can be tasted

The Redbank Food Company

Tel: 00353 (0)86 2549837 www.redbankfoodco.com

A sustainable rural food

Way. Organic veg, wild

plants, herbs, fruit and

seaweed are grown and

harvested to create a

fully immersive wild food

experience. Take a walk

in the wild and learn to

harvest sustainably 14

different seaweeds and

how to use them. Discover

your fifth taste"Umami".

Join our interesting wild

food workshops and food

events. Re-connect with

nature and discover the

world of wild food.

project on the Wild Atlantic

them to market, all before you pick your own straight from the sea and learn to shuck them. Discover the flavour and how oysters can taste different from

Where: The Red & Turquoise Building, New Quay Pier, New Quay, Burren, Co. Clare When: Tours available Tues — Friday 2-Spm. Outside of these hours available upon request bay to bay. Getting there: GPS CO-ORDINATES: N 53.1563235, W-9.076372

Wild Kitchen

www.wildkitchen.ie

obile: 00353 (0) 87 687 7890

Where: Wildkitchen, Callura South, Lahinch, Co.Clare.

Getting there: GPS CO-ORDINATES: N.53.72244, W.9.10264

When: From February through to October.



of bygone charm and

traditional hospitality will

Burren Free Range Pork Farm

Tel: 00353 (0) 65 708 8931 Mobile: 00353 (0) 86 881 5974

Where: Cahirminnaun, Kilfenora, Co. Clare.

The award winning Cheese

Press is a 100% organic

market town of Ennistymon,

Co. Clare, along the Wild

people!

The Cheese Press

Mobile: 00353 (0) 85 760 7037

When: Monday - Saturday 08.00 - 18.00

Where: Main St Main St, Ennistimon, Co. Clare, V95 H9AW

Getting there: GPS CO-ORDINATES: 52°56′24.6″N 9°17′36.7″W

Atlantic Way. We are here

to bring great food to great

speciality food shop in

When: Afternoons by appointment **Getting there:** GPS CO-ORDINATES: .N 52.98621011, W.-9.19232726

Have you ever seen rare breed pigs out in the open air? What is a traditional small sustainable farm like in the Burren? Have you ever experienced what grass fed pig meat tastes like? Here's your chance to see and taste Burren Free Range Pork's pias for an afternoon outside the village of Kilfenora. We will have a wander around the farm so you can see the pigs in action and afterwards Fitz's Bar get to taste some of our @ Hotel Doolin award winning meats. Tel: 00353 (0) 65 707 4111 The farm shop is stocked

Where: Fitz's Cross, Doolin, Co. Clare.

www.hoteldoolin.ie

Centrally located in the Burren

Region, The Roadside Tavern

in Lisdoonvarna has been

a central meeting place for

locals and visitors for well

Kitchen at The Roadside

over a hundred years. Kieran's

Tavern offers a great place to

eat, drink and relax, with

traditional music most

evenings, our own micro

brewery and of course an

award-winning food menu.

Why not try our signature

dish of Burren Smokehouse

Hot Smoked Salmon served

on a base of spring onion

lemon and cream sauce.

mash, wilted greens and Where: Lisdoonvarna, Co. Clare

music and nightly sessions. Home of the 'Doolin Writers Weekend' & 'Doolin Folk Festival'. We also serve our own Beer, a smooth red ale called 'Dooliner' . A treat anytime of the day for a spot of casual dining- we offer mouth-watering local seafood and meats. Our signature dish 'The Aran Currach' is fast becoming a thing of a local legend, a tower of the finest local

seafood for sharing with

Fitzpatrick's Eatery is famous

for its Traditional Irish

Getting there: GPS CO-ORDINATES: N.53.016061,W.9.377281

Kieran's Kitchen

Tel: 00353 (0) 65 707 4084

www.roadsidetavern.ie

a wholegrain mustard, When: 12pm-4pm; 6pm-9pm. Mid-March to late October.

Mobile: 00353 (0) 85 270 4686

@ The Roadside Tavern

Getting there: GPS CO-ORDINATES: N.53.02851, W.9.29082



natural soap, creams,

notebooks, fairy dolls,

jewellery, cards, handmade

Linnane's Lobster Bar

Tel: 00353 (0) 65 707 8120 Mobile: 00353 (0) 87 418 8697 www.linnanesbar.com

Where: :New Quay, The Burren. When: Summer: restaurant open daily at 12.30pm; Winter: restaurant open Friday-Sunday at 12.30pm. summer months, sit outside and enjoy the sea air and wonderful view or, in less favourable weather, stay by the welcoming open fire. While our emphasis is on seafood, we also serve a variety of other dishes – meat and vegetarian. Fittingly, our signature dish is a Seafood Platter of organic smoked salmon, prawns, crab meat, crab claws, mussels & clams, served with traditional home-

Linnane's Lobster Bar overlooks

the Atlantic Ocean to the back

and the rocky hills of the Burren

to the front. During the

made brown bread. Getting there: GPS CO-ORDINATES: N.53.156196,W.-9.076048

Sea View House bed and breakfast in Doolin village has

from a sumptuous breakfast buffet of home poached fruit's, artisan cheese, home made yoghurt and much more before being served a low food mile dish prepared to order from their kitchen Darra and Niall's farm-totable award winning food





vww.seaview-doolin.ie

is the perfect way to start Where: Doolin, Co. Clare. Getting there: GPS CO-ORDINATES: N53 00.734", W-9 23.065"



Where: Falls Hotel & Spa, Ennistymon When: All Year around Getting there: GPS CO-ORDINATES: N52.9357752 , W-9.331619

Food is such an important element of our offering at The Falls Hotel & Spa. We are proud of our unique location with the Burren & Cliffs of Moher Geopark and serve up a wide variety of dishes using wonderful locally sourced products. Enjoy view over the cascades and the Inagh river, in either our casual Dylan Thomas Bar or our, slightly more formal are open for lunch and evening meals all year

round.



Hazelwood Lodge

When: Mid February until end of October

Tel: 00353 (0)65-7077092 Email: info@hazelwoodlodge.ie www. hazelwoodlodge.ie

Where: Hazelwood Lodge, Ballvaughan, Co Clare

the tranquillity of the Burren. At Hazelwood lodge we have a strong passion for food and try create something a little different.Our main focus is sourcing good quality ingredients from local artisan producers. All our Breads & Confectionary are homemade, Kefir & Smoothies for health conscious guests. All our vegetables are organically grown in our Polly tunnel therefore our veggie breakfast changes regularly depending on what is available seasonally in the Getting there: GPS CO-ORDINATES: 53.1061° N, 9.1557° W

We pride ourselves in offering

peaceful and relaxing stay in



Tel: 00353 (0)65 7077003
Email: info@thewildatlanticlodge.com
www.thewildatlanticlodge.com

Where: Main Street, Ballyvaughan, Co. Clare, Ireland **Getting there:** GPS CO-ORDINATES: N53°6′57.035″W9°8′53.108″



on our family farm in

Kilkee.

Burren Fine Wine & Food

Mobile: 00353 (0) 87 763 3241 www.burrenwine.ie

Where: Corkscrew Hill Road, (N67), Ballyvaughan. When: Open Daily Mid May to Mid-September. Getting there: GPS CO-ORDINATES: N 53 05.411 W 9 10.396



of the season drawing on the best of what the Burren has to offer and enlivening them with sweet and savory touches. Serving them with our delicious home made scones, breads, pickled vegetables and condiments.



Stonecutters Kitchen

Tel: 00353 (0) 65 707 5962 Mobile: 00353 (0) 283 7118 www.stonecutterskitchen.com

Where: Cliffs of Moher Road, (R478) Doolin, Co. Clare. When: 11am - 9.30pm high season; 12 — 8pm mid season; 12.30 — 6pm low season; open from Easter to end October. Getting there: GPS CO-ORDINATES: N 52°59.556 W 9°24.172

run, bistro style, mid price range, restaurant set in a 100 year old traditionally built stone cottage. We offer a warm welcome to the whole family from our local staff, with our award winning children's menu, toys & playground, outside seating with views of the Atlantic. Burren Food Trail Signature Dish - StoneCutters Crispy Burren Fish Cakes. Crispy fish cakes with Burren Smokehouse hot smoked, smoked haddock, hake & fresh salmon, mixed with mashed potatoes and wrapped in crispy

breadcrumbs.

Situated just 1.5km north of the

Cliffs of Moher we are a family









The Market House is a family run Butchers, Delicatessen & Cafe. Sean Haugh is a 3rd generation farmer rearing livestock on his farm on the Cliffs of Kilkee. All Beef and Lamb is of the highest quality sourced locally in North Clare and slaughtered on our farm in Kilkee making our product unique to the area with full traceability from farm to fork. At our deli and café you will find freshly baked scones & homemade pastries. Why not pick up a fresh salad box or picnic for your trip to the Burren Geo Park!

The Market House Craft Butcher Deli Cafe

Where: Ennistymon, Co Clare When: Mon-Sat 8.30am – 6pm Getting there: GPS CO-ORDINATES: N 52.942350925302 W -9.293241226983582

Ireland, Good Hotel Guide,

Fodors and Michelin. John's

signature dish forms part of his

tastina menu. Rack of Burren

Lamb with herb crust, served

with Newquay spinach. John

sources as many ingredients

as possible from local artisan producers. Sheedy's has

received Award of Excellence

from TripAdvisor 2015 and

is listed as one of the top 25

small hotels in Ireland.

John Sheedy's cooking has been warded Two AA Rosettes since 1998. Sheedy's Restaurant is listed in McKenna Guide to



Sheedy's Hotel and Restaurant

Tel: 00353 (0) 65 707 4026 Mobile: 00353 (0) 87 143 4077 www.sheedys.com

Where: Lisdoonvarna, Co Clare. When: Restaurant open 6.30, Last Orders 8.30. Getting there: GPS CO-ORDINATES: N.53.02771, W.9.28909

Basil, Wild Garlic, Parsley Lemon Balm, Dill, Rosemary Blueberries and Chives are grown in the garden to help infuse our dishes the way nature intended. Our lovely hens lay all the eggs we need to bake our bread and cakes. We get delicious locally sourced Free Range Pork from the Burren. This is the basis of one of our favourite sandwiches: slow cooked pork served on a crusty bun with our own sauce, some rocket leaves and a little spice. Enjoy lunch outside *in the garden under the* shadow of Ballinalacken



Tel: 00353 (0) 65 7075761 Tel: 00353 (0) 86-3147514 www.doolincave.je

Where: Doolin Cave. When: 10am – 5pm in Season. (April – October). Castle. Getting there: GPS CO-ORDINATES: 53.0419, -9.3450



Tel: 00353 (0) 65 707 4432 Mobile:00353 (0) 87 822 4173 www.burrensmokehouse.ie

Where: Kincora Road, Lisdoonvarna, Co Clare. When: April - September 9.00 - 18.00 daily & October - March 10.00 - 16.00 daily Getting there: GPS CO-ORDINATES: N.53.0281, W.9.2922 Come and uncover the mystery of salmon smoking and the secret of how we handcraft our smoked salmon following an age-old tradition. View our kiln and watch the smoking process on DVD in English, French, German, Italian, Swedish or Spanish. Taste our Burren Smoked Irish Organic Salmon and find out about our passion for local and *Irish artisan foods which we* showcase. Discover the locally crafted mosaics all around our visitor centre. Mail-order available.

Linnalla Pure Irish Ice Cream Café Linnalla Tel: 00353 (0) 65 707 8167 Mobile: 00353 (0) 87 785 7569 www.linnalla.ie

Where: New Quay, Burren, Co Clare. When: May – Oct 11am to 7pm daily. Nov – Apr W/E 12md to 6pm. Getting there: GPS CO-ORDINATES: N.53.1498179, W.9.1185210

Burren Free Range Pork Farm Burren Gold Cheese @ Aillwee Cave **Burren Smokehouse Burren Nature Sanctuary Hazelwood Lodge Doolin Cave Café** Café Linnalla is situated on the

Wild Atlantic Way's beautiful Finnavarra peninsula serving ice cream, coffee and deserts. Brid & Roger make their ice cream from the milk from their shorthorn cows which can be seen grazing in the fields nearby or maybe swimming to fresh pasture. We use fresh local ingredients to make the best flavours. A two scoop

ice cream sundae is a must: two scoops of ice cream, fruit, nuts, biscuit and cream served in a glass. A perfect way to end a walk on the ww.ballinsheen.com Flaggy shore.

Where: Galway Road, Lisdoonvarna, Co Clare. Getting there: GPS CO-ORDINATES: N 53.034284, W -9.288007

Ballinsheen House & Gardens is a 4 star award winning bed & breakfast located in the pretty village of Lisdoonvarna on the edge of the Burren & Cliffs of Moher Geopark. Ballinsheen House is a modern, architect designed house set in its own lush landscaped gardens. At Ballinsheen House we have a passion for food and quality Irish produce. With this in mind we have created a delicious breakfast menu focused on home baking and local artisan produce from the Burren region. One of our signature dishes is an omelette with St. Tola goats cheese, herbs & Burren smoked organic

Ballyvaughan **Farmers Market**

lobile: 00353 (0) 86 8038477 Facebook: BallyvaughanFarn witter: @BFMMarket

Where: St John's Hall, Ballyvaughan Village. When: Every Saturday, May — October, from 10.00am to 2.00pm. Getting there: GPS CO-ORDINATES: N.53.115, W-9.146

Sheedy's Hotel & Restaurant

Stonecutter's Kitchen

In collaboration and many thanks to:

Wholesome, quality food from local producers. Established in 2003, it is now recognised and enjoyed by locals and visitors as a premium food market. u are quaranteed a selection of hot food, in-season fruit & vegetables, cheese, fish, meat, bread, cakes, honey, sweet & savoury preserves, juices, dairy, confectionery, seaweed products and local craft. Saturday mornings in Ballyvaughan Village is vibrant and bustling with the market in full swing offering an opportunity for locals to shop and meet while visitors soak up the lively atmosphere.

Anam Coffee www.anamcoffee.ie

from their website

A micro coffee roaster, located in a secluded valley in The Burren producing speciality coffee. We import green coffee beans and hand roast them in small batches. The terms speciality coffee applies to high quality coffee, sourced seasonally from ethically sound micro lots around the world. Anam coffee supplys high-end restaurants and cafes as well as online direct to customers. Anam Coffee is served by

WILD ATLANTIC WAY

many Burren Ecotourism members and that we will be hosting a number of pop events check www.

anam.ie for more info.

Neil Hawes

Burren Craft Butcher

Tel: 00353 (0)65 7075696 / 087 6173206

www.burrengeopark.ie.

Burren Brewery at

[el: 00353 (0) 65 707 4084

When: Open year round. Bookings welcomed.

Getting there: GPS CO-ORDINATES: N.53.02851, W.9.29082

CRAFT BUTCHER, Neil Hawes

Burren Butcher is passionate

about quality meat and we are

proud to have received multiple

certified local Burren lamb has

a distinctive taste and our beef

and steaks are masterfully

aged for 30 days to deliver

a superior artisan product

for you to taste during your

stay. Pop in for gourmet

breakfast meats and a

tempting BBQ selection.

convenient meals, gourmet

national awards including

best 6 oz beef burger. Our

Where: Lisdoonvarna, Co. Clare.

The Roadside Tavern

obile: 00353 (0) 87 830 0069



Seaview House Redbank Food

Hotel Doolin

Hyland's Burren Hotel

Kieran's Kitchen, Roadside Tavern

Wild Atlantic Lodge



allinsheen House Garden

el: 00353 (0)87 124 1872

🎮 Fáilte Ireland



el: 00353 (0)85 1316665

1 2 The Falls Hotel

Ballinsheen House

Anam coffee is not open to visitors but you can order directly

same time, meet the Master

delve a little deeper into the

history of the brewery and

the brewing process itself.

Brewer, Peter Curtin, and



Email: neilhawes74@icloud.com

Where: Main Street, Lisdoonvarna, Co Clare. When: Opening hours all season ,Mon-Saturday 9.00a.m-6.30p.m **Getting there:** GPS CO-ORDINATES: N.53.0301669,W.-9.289710