

A Coastal Escape in a UNESCO Global Geopark



BURREN AND
CLIFFS OF MOHER



The Burren and Cliffs of Moher UNESCO Global Geopark sits on Ireland's Wild Atlantic Way. The Stunning coastline of dramatic cliffs, sea cave and inlets offer stunning views of the Aran Islands and Galway bay as well as a home to migrating seabirds.



Day 1: Drive the Wild Atlantic Way

- Arrive in the Geopark along the Wild Atlantic way, stop in the village of New Quay and walk the **Flaggy shore** made famous by Irish poets Yeats and Heaney. Visit **Linnalla Ice-cream cafe** at the end of the shore and indulge in the sweet delights of this Burren Food trail producer.
- Continue your journey on the coast road stopping at **Fanore beach** to take in the sea air, take the walking trail to the top of blackhead, from here marvel in the **spectacular views** of the limestone coast and the open Atlantic.
- Journey onwards to the world famous **Cliffs of Moher**. Grab a bite in the cliff top **cafe**, explore the visitor centre, get a guided tour of the cliffs, and find out why the geology makes for a great nesting location for the thousands of seabirds that make the cliffs their summer home.
- Check into your accommodation before exploring the **coastal village of Doolin**. Enjoy a relaxing pint dinner and some traditional music at **Fitz's bar**, a Burren Food trail restaurant that champions local seafood.



Day 2: Take to the Ocean

- Begin your morning by exploring the coast with Lahinch adventures, try your hand at **SUP** (stand up paddle boarding), **kayaking** or learn to **surf** the crashing waves of the Atlantic Ocean.
- After an exhilarating morning in the wild Atlantic Ocean head back towards the village of Doolin and stop for a coffee at Cliff coast coffee situated in Doolin hostel before grabbing a ferry to see the **cliffs of Moher from the sea** and marvel at their dramatic height.
- Back on dry land, take a wander around **Doolin pier**, walk on limestone pavement, explore rock pools and search for fossils.
- Travel inland momentarily and stop for **lunch at Kieran's kitchen** at the Roadside Tavern, **taste the ocean** with their signature Burren Food trail dish of hot smoked salmon on a bed of spring onion mash with wilted greens.
- Meet your guide for the afternoon in Lisdoonvarna. Christy of **Adventure Burren** will take you to the coastal crags and cliffs of the Burren for a spot of **rock climbing** with spectacular views.
- After an exhilarating day of sea air unwind with a relaxing meal at **Wild honey Inn**, a welcoming gastro-pub that boasts a Michelin bib gourmand and champions local and seasonal produce.



Day 3: Forage on the Seashores

- Enjoy a morning exploring the seashore from a different angle. Meet local guide Oonagh of Wild Kitchen for a **foraging walk**. Discover many edible types of seaweed, herbs, roots, flowers and fruits on this walk along the Burren shoreline followed by a wild food picnic lunch.
- After lunch it's time to head home....to plan your next trip to the Burren and Cliffs of Moher UNESCO Global Geopark

