

Burren Food Fayre 2017 – Wild Atlantic Food

This is the 6th year of the Burren Food Fayre which forms part of the Burren Winterage Festival. Our theme of *Wild Atlantic Food* echoes the rich culinaire resource that the Atlantic provides to those of us living in the Burren area and beyond.

Saturday 28th October

7pm – 9pm Screening of *Atlantic* followed by Q&A with director **Richard O'Donnell** – Lisdoonvarna Pavilion

Narrated by Emmy-award winner, and Burren local, Brendan Gleeson this powerful documentary tells the story of three fishing communities in Ireland, Norway and Newfoundland as they battle with giant oil and fishing companies for control of the resources in their waters. Following the screening there will be a question and answer session with the director Richard O'Donnell. This event is a fundraiser for the RNLI.

Adult admission
€5

Sunday 29th October

11.00am ***Wild Atlantic Food from the Hedgerows*** Foraging Walk with Oonagh O'Dwyer of Wild Kitchen

Register at the information desk in the foyer of the Pavilion. (Limited spaces)

Sponsored by the Lisdoonvarna Community Council

Food Fayre – 12noon to 5pm

12noon - Doors Open - Wild Atlantic Food Market with Stalls of Local Produce and Tastings

12.45pm - Official Opening of the 6th annual Burren Food Fayre – Wild Atlantic Food By Richard O'Donnell director of *Atlantic*

1.00pm - Cookery Demonstration by Chef, Author & Photographer Michael O'Meara "*Oyster Gastronomy*" – Michael O'Meara, author of *Sea Gastronomy – Fish & Shellfish of the North Atlantic* and chef of Oscar's Seafood Bistro in Galway, will work his magic with oysters.

2.00pm – How to Ferment Foods to Increase their Nutritive Value by Nutritional Therapist Colette McMahon – Co-founder and Owner of TrueFood Academy

3.00pm - How to preserve food by smoking and curing by Birgitta Curtin Owner of the award winning Burren Smokehouse, Birgitta will show us how to preserve salmon and other foods at home

4.00pm - 5 Ways with Seaweed – A Local, Sustainable Wild Atlantic Food
Oonagh O'Dwyer – Wild Kitchen

4.45pm - Awards and raffle announcements - Announcing the winners of the Most Attractive Stall award, the Best Taste of the Fayre award and the Best Burren Beilíní award

