

A 3-day Family Adventure in a UNESCO Global Geopark



Whatever your interest, from water sports to heritage, from cycling to hiking, you can explore it in the Burren and Cliffs of Moher UNESCO Global Geopark where the surroundings will stop you in your tracks. Connect with each other and the unique landscape of the Geopark through your favourite activity.



Day 1: Walk it

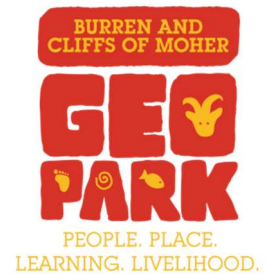
- Arrive to the Burren by Kinvara and make your way to the **Burren Nature Sanctuary** –the looped walking trail takes you through 5 of the Burren habitats featuring seasonal wild flowers. Explore the Burren Botany Bubble, the orchid rich meadow and the disappearing lake. Indulge in some home baked goods, join Emilia the micro pig on a walk through the fairy woodland.
- Head to Ballyvaughan and Aillwee Cave, explore the underworld of the Burren in the show **cave**, take a **walk with a hawk** or watch a **flying display at the birds of prey centre**, indulge your taste buds with smoky cheese and sweet fudge at the farm shop.
- After checking into your accommodation and relaxing for a moment, seek out the foods and **flavours of the Burren** in an award-winning Burren Food Trail restaurant at **Hylands Burren Hotel**.



Day 2: Bike it and Climb it

- Begin the day with the **Early morning cycle** through the heart of the Burren, listen to the bird song and discover **ancient sites** before finishing up at **Burren Fine Wine and Food** in Ballyvaughan for a wonderful Burren Breakfast.
- From Ballyvaughan head south to Doolin, explore the deepest point of the Burren underground at **Doolin Cave**, descending over 200 feet to view the Great Stalactite that weights over 10 tonne and an impressive length of over 23 feet long
- Once you have returned to the surface it'll be time for a spot of lunch. In the village of Doolin you will find **Stonecutter Kitchen**, a Burren Food Trail member that offers the perfect place for a relaxing Burren lunch.
- Refreshed and reenergised it's time to discover the Burren from a height. Head up to the **Cliffs of Moher Visitor centre** and don't forget to watch out for the Puffins!
- Spend the evening relaxing and reliving the day's adventures over dinner at the award-winning **restaurant at Hotel Doolin** in Doolin.





Day 3: Forage it

- Join local guide **Lisa Guinan Herbalist** on a journey of discovery as she shares her knowledge and passion for plants and herbs of the hedgerows. Lisa will guide you on a walk in Nature with specific attention drawn to medicinal plants and flowers along the way. Folklore, traditional cures and modern medicinal uses will be woven into the tale of each wild herb and flower, bringing them to life whilst also glimpsing insights into traditional Irish culture.
- After a refreshing walk head over to **Inagh** and visit **St Tola Goat Farm**, pet the goats and taste some of the finest cheese in Ireland!
- Your last stop in this trip is Kilfenora, a historical village, home of Father Ted's shenanigans, a warm welcome awaits you here, in the pubs famous for traditional Irish music and dancing, visit the **Burren Centre** and the ancient cathedral, with its carvings and its Celtic crosses
- Just 2 Km away from Kilfenora is your accommodation for the night, at **Burren Glamping** you will get to sleep in a converted horse truck, ideal for families of up to 5 people. While there don't forget to visit their friendly pigs, hens and polytunnel for a fully immersed Farm experience.



Accommodation in Doolin

- **Seaview House:** Offers a retreat from the hustle of everyday life. Open decks, pastoral and ocean views form a setting for relaxation or lively conversations
+353 (0) 87 267 9617 www.seaview-doolin.ie
- **Hotel Doolin:** Consists of a boutique style hotel with deluxe bedrooms, [Chervil Restaurant](#), [Fitzpatrick's Bar](#), Stonewall Cafe & Pizzeria, The Piper's Chair Gift Shop and Gallery, outdoor garden courtyard and a Tourist Information Office.
+353 (0) 65 707 4111 www.hoteldoolin.ie



Accommodation in Lisdoonvarna

- **Ballinsheen House:** Countryside peace and tranquillity yet only 5 minutes' walk from Lisdoonvarna
+353 (0)65 707 4806 www.ballinsheen.com
- **Boghill Centre:** A refreshing change from a hotel or B&B, stay at this Eco retreat open all year around
+353 (0) 65 707 4644 www.boghill.ie
- **Sheedy's Hotel:** a Four Star Hotel with an award winning restaurant receiving two Rosettes from AA for 14 years. It is family owned and managed. +353 657074026 www.sheedys.com



Accommodation in Ballyvaughan

- **Hylands Burren Hotel:** The hotel's relaxing atmosphere is matched by quality service which is what makes Hylands Burren Hotel so special
+353 (0) 65 707 7037 www.hylandsburren.com



- **Hazelwood Lodge:** This special family-run accommodation lodge prides itself on offering all visitors the warmest of welcomes and will assist you in every way possible in planning your stay
+353 (0) 65 707 7092 www.hazelwoodlodge.ie
- **Wild Atlantic Lodge:** The Wild Atlantic Lodge has been extensively refurbished over the last two years. All of the bedrooms have been completely remodelled to a very high standard as have the Bar and Restaurant. +353 (0) 65 7077003 www.thewildatlanticlodge.com
- **Gregans Castle:** Experience the ultimate luxury hideaway, with it's myriad botanical, archaeological and cultural treasures and with breathtaking views across Galway Bay and the visually enchanting and unique Burren limestone landscape.
+353 (0) 65 7077005 www.gregans.ie



Accommodation in Kilfenora

- **Kilfenora Hostel:** Stay in Kilfenora, one of the most historical and enduring Irish country villages in North Clare with comfortable, affordable accommodation.
+353 (0) 65 708 8908 www.kilfenorahostel.com

Accommodation in Ennistymon

- **The Falls Hotel:** Nestled in a wooded vale, surrounded by 50 acres of rolling countryside, with the River Inagh running along the perimeter, guests can enjoy riverside walks and kayaking, both available on site.
+353 (0) 65 707 1004 www.fallshotel.ie



Accommodation in Kinvara

- **The Merriman Hotel:** Is an iconic building being the largest thatched roofed structure in Ireland. The Merriman is a 32 bedroomed, three star hotel in heart of the village of Kinvara
+353 (0) 91 638222 www.merrimanhotel.com

All the businesses listed on this itinerary are members of The Burren Ecotourism Network, by exploring the Burren with them you are not only creating amazing memories but you are also contributing to the conservation of our beautiful landscape.

